

FEBRUARY 2012

Kid's Way Cafe Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>We Offer Local Produce on our Rainbow Offering Bar!</p>		<p>Breakfast ¹ Cheese Omelet w/ Oven Potato Rounds </p> <p>Lunch Southwestern Taco Salad w/ Tortilla Triangles Turkey Ham & Turkey on Whole Wheat Sweet 'n' Sour Chicken w/ Pineapple Brown Rice Freshly Baked Pepperoni Pizza</p>	<p>Breakfast ² Egg & Cheese English Muffin</p> <p>Lunch Poppin' Chicken Salad American Sub Sandwich Spaghetti w/Meatballs w/ Green Beans Pork Carnita w/ Whole Wheat Tortilla</p>	<p>Breakfast ³ Low Fat Yogurt & Fruit Parfait w/ Graham Crackers</p> <p>Lunch Mandarin Chicken Salad w/ Chow Mein Noodles Veggie Wrap Fish Nuggets w/ Oven Baked Potatoes Freshly Baked Cheese Pizza</p>
<p>Breakfast ⁶ Breakfast Pizza Bagel</p> <p>Lunch Mandarin Chicken Salad w/ Chow Mein Noodles Veggie Sub Chicken Patty on Whole Wheat Fiesta Bean & Cheese w/ Tortilla Chips</p>	<p>Breakfast ⁷ Scrambled Eggs w/ Homestyle Biscuit</p> <p>Lunch Mini Cobb Salad Crispy Chicken Wrap Cheeseburger on Whole Wheat Breakfast for Lunch: Waffles w/Fruit Topping w/ Turkey Sausage</p>	<p>Breakfast ⁸ Whole Grain Pancakes w/ Fruit Topping</p> <p>Lunch Fajita Chicken Salad w/Tortilla Triangles Ham & Cheese on Whole Wheat Beef Teriyaki Bites w/ Broccoli Brown Rice Freshly Baked Cheese Pizza</p>	<p>Breakfast ⁹ Ham & Cheese on English Muffin</p> <p>Lunch Low Fat Yogurt & Fruit Parfait w/ Graham Crackers Turkey & Cream Cheese Bagel Sloppy Joe on Whole Wheat Whole Grain Chicken Corn Dog</p>	<p>Breakfast ¹⁰ Cinnamon Roll</p> <p>Lunch Caesar Salad w/ Whole Wheat Roll Tuna Salad on Whole Wheat Chicken Tenders w/ Brown Rice Freshly Baked Hawaiian Pizza</p>
<p>Breakfast ¹³ French Toast Sticks w/ Warm Fruit Topping</p> <p>Lunch Classic Chef Salad American Sub Tomato Soup w/ Toasted Cheese Sandwich Cheeseburger on Whole Wheat</p>	<p> Breakfast ¹⁴ Pork Chorizo Burrito</p> <p>Lunch Poppin Chicken Salad Veggie Wrap Chicken Patty on Whole Wheat Crispy Beef Taco <i>Happy Valentine's Day</i></p>	<p>Breakfast ¹⁵ Egg & Cheese English Muffin</p> <p>Lunch Southwestern Taco Salad w/ Tortilla Triangles Minnie Mouse Pinwheels Hot Ham & Cheese Melt with w/ Oven Baked Potato Rounds Freshly Baked Pepperoni Pizza</p>	<p>Breakfast ¹⁶ Ham & Cheese Bagel</p> <p>Lunch Mini Cobb Salad Tuna Salad Wrap Pork Carnita w/ Whole Wheat Tortilla Baked Chicken Bites w/ Corn</p>	<p>Breakfast ¹⁷ Fruit Muffin</p> <p>Lunch Black Bean Salad w/ Tortilla Triangles Turkey & Cheese on Whole Wheat Vegetarian Rainbow Chili w/ Cornbread Muffin Freshly Baked Cheese Pizza </p>

Don't forget your friends on Valentine's Day!

<p>presidents' Day ²⁰</p>  <p>No School</p>	<p>Breakfast ²¹ Cheese Omelet w/ Turkey Canadian Bacon</p> <p>Lunch Caesar Salad w/ Whole Wheat Roll PB & J on Whole Wheat Baked Potato Bar Italian Meatball Sub</p>	<p>Breakfast ²² Waffles w/ Warm Fruit Topping</p> <p>Lunch Classic Chef Salad Ham & Cheese Sub Sloppy Joe on Whole Wheat Freshly Baked Cheese Pizza</p>	<p>Breakfast ²³ Low Fat Yogurt & Fruit Parfait w/ Graham Crackers</p> <p>Lunch Crispy Chicken Salad Tuna Salad on Whole Wheat Turkey Gravy w/ Mashed Potatoes Cheeseburger on Whole Wheat</p>	<p>Breakfast ²⁴ Cinnamon Roll</p> <p>Lunch Low Fat Yogurt & Fruit Parfait w/Graham Crackers Turkey & Cheese Wrap Chicken & Vegetable Fajita w/ Spanish Rice Freshly Baked Hawaiian Pizza</p>
<p>Breakfast ²⁷ Breakfast Pizza Bagel</p> <p>Lunch Black Bean Salad w/ Tortilla Triangles Ham & Cheese on Whole Wheat Oven Baked Chicken Nuggets w/ Oven Baked Potato Rounds Pork Enchiladas</p>	<p>Breakfast ²⁸ Turkey Sausage & Cheese on Homestyle Biscuit</p> <p>Lunch Mini Cobb Salad Crispy Chicken Wrap Crispy Beef Taco Cheeseburger on Whole Wheat</p>	<p>Breakfast ²⁹ Pork Chorizo Burrito</p> <p>Lunch Southwestern Taco Salad w/ Tortilla Triangles Turkey Ham & Turkey on Whole Wheat Sweet 'n' Sour Chicken w/ Pineapple Brown Rice Freshly Baked Pepperoni Pizza</p>	<p>An additional assortment of low & non-sugared Dry Cereal, Bagel with Cream Cheese and a Hot Healthy Oatmeal Bar are offered daily for breakfast. </p>	<p> A variety of fresh fruits and/or vegetables are provided at every meal on the Offering Bar. Non Fat and/or Low Fat Milk is available at every meal. </p>

Red Baron Pizza Days



Abraham Lincoln - 17th
Hoover - 10th
Jackson - 17th
Jefferson - 3rd
Lone Pine - 3rd
Roosevelt - 17th

Griffin Creek - 3rd
Howard - 10th
Jacksonville - 10th
Kennedy - 3rd
Oak Grove - 17th
Washington - 10th

Wilson - 10th



This Institution is an equal opportunity provider ~ Menu Subject to Change



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