




ADVOCACY & SUPPORT RESOURCES




FOR SURVIVORS OF SEXUAL OR DOMESTIC VIOLENCE, HARASSMENT OR BULLYING




This list compiled & maintained by: [Title IX Coordinator- North Medford High School](#). Please contact directly w/feedback or request for changes.




You're NOT ready to call or you DON'T want to talk? Many services offer confidential chat and/or text options.

Safety Alert: computer use can be monitored and is impossible to completely clear.

<p>ORGANIZATION</p> <p>(CLICK LINK FOR WEBSITE)</p>	 PHONE	 TEXT	 CHAT	<p>NOTES/INFO</p>
Sexual Assault Response Team (SART)	541.840.0904 9am-5pm	541.625.8089 For support group info.		Confidential, free, anonymous support line offers a safe place for survivors and their loved ones to get immediate support in the ways they need.
Community Works HelpLine	541.779.4357 24/7			24/7 access to a local advocate for confidential support and advice by phone.
YouthLine (Oregon)	877.968.8491 24/7 (teens available Mon-Fri 4-10PM)	Text "Teen2Teen" to 839863 24/7 (teens available Mon-Fri 4-10PM)	Click here to chat 24/7 (teens available Mon-Fri 4-10PM)	YouthLine is a free, private (not confidential) teen-to-teen crisis and help line. Contact us with anything that may be bothering you. No problem is too big or too small for the YouthLine!

<p>ORGANIZATION</p> <p>(CLICK LINK FOR WEBSITE)</p>	 PHONE	 TEXT	 CHAT	<p>NOTES/INFO</p>
<p>Love is Respect (teen dating violence)</p>	<p>866.331.9474</p> <p>24/7</p> <p>866.331.8453 TTY for Deaf/hard of hearing individuals)</p>	<p>Text “LOVEIS” to 22522</p> <p>24/7</p>	<p>click here to chat</p> <p>24/7</p>	<p>At loveisrespect, we believe everyone deserves to have healthy relationships, including YOU.</p> <p>If you have questions about dating in general or a specific relationship, or if you are in an unhealthy or abusive relationship, you deserve support and resources to help you with your situation. You are not alone; our peer advocates are here for you 24/7/365.</p>
<p>The Trevor Project</p>	<p>Lifeline: 866.488.7386</p> <p>24/7</p>	<p>trevorspace.org</p> <p>social network and online community connecting youth</p> <p>24/7</p>	<p>trevorchat.org</p> <p>confidential, secure internet chat that provides live help to youth in crisis</p> <p>24/7</p>	<p>Leading national org providing crisis intervention and suicide prevention to lesbian, gay, bisexual, transgender and questioning youth age 13-24.</p>
<p>VOA-Homefree</p>	<p>503.771.5503</p> <p>Mon-Fri 8AM-5PM</p>			<p>To assist adults and children surviving domestic violence to move not just toward safety, but toward freedom and all that the word home suggests.</p>

<p>ORGANIZATION</p> <p>(CLICK LINK FOR WEBSITE)</p>	 PHONE	 TEXT	 CHAT	<p>• NOTES/INFO</p>
<p>RAINN</p> <p>National Sexual Assault Hotline</p>	<p>800.656.HOPE (4673)</p> <p>24/7</p>	<p>online.rainn.org for online messaging</p> <p>24/7</p>	<p>Click here for live chat</p> <p>24/7</p>	<ul style="list-style-type: none"> • Confidential support from a trained support specialist • Someone to help you talk through what happened • Resources that can assist with your next steps toward healing and recovery • Referrals for long term support in your area • Information about the laws and resources in your community
<p>Proyecto UNICA</p>	<p>503.232.4448</p> <p>24/7</p> <p>Línea de Crisis disponible las 24 horas</p>			<p>Bilingual support line provides 24 hours a day, 7 days a week support for survivors of interpersonal violence.</p>
<p>Trans Sexual Assault Resources</p>				<p>Link to self-help guide. Offers a self-help guide to help & healing.</p>
<p>Male survivor</p>	<p>Contact info</p>			<p>MaleSurvivor has offered support, community and learning opportunities for thousands of men since the 1990s. This is not only proof that our methods are effective, but also that you are not alone.</p>

<p>ORGANIZATION</p> <p>(CLICK LINK FOR WEBSITE)</p>	 PHONE	 TEXT	 CHAT	<p>NOTES/INFO</p>
<p>Thorn (stop sextortion)</p>		<p>Text "THORN" to 741741</p>		<p><u>Download steps to safety here.</u></p> <p>Sextortion is when someone uses an explicit photo of you to threaten you to do something they want – it’s bribery using nude or otherwise explicit photos instead of money,</p>
<p>Legal Assistance in Oregon</p>				<p>Free legal help for low-income Oregonians.</p>

[Link to list of shelters & advocacy programs across Oregon from OCADSV](#)

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